

**LUNCH FOR YOUNG ADULTS**

**(18-35)** will meet on 9th Mar (TODAY) at 12:15pm, @ Irish Club. During which, Fr Boyce will continue his apologetics talk.

Our next **MEN OF ST JOSEPH** gathering will be on Wed, March 19th, as we celebrate the Feast of St. Joseph.

**Schedule**

5:30 PM – Rosary  
6:30 PM – Holy Mass (followed by Consecration to St. Joseph)  
Dinner & Group Discussion  
Join us for an evening of prayer, fraternity, and reflection as we honor our patron.

**NEXT COMMUNITY LUNCH** will be held on **6th April** (Sun) after the 10am Mass.

**FAITH DISCUSSION FOR YOUTH (15-18)** will resume **NEXT SUNDAY**, 16th Mar (Sun).  
**Topic: Christian Spirituality in the Catholic Tradition.**

**CASH & ONLINE DONATIONS**

**23 Feb - 1 Mar**

First Collection: \$ TBA  
Second Collection: \$ TBA  
Building fund: \$ TBA

THANK YOU FOR YOUR SUPPORT

**RELIGIOUS EDUCATION**

**SATURDAY CLASS**

**Topic: Demonology.**

Classes are currently on break. The date of resumption will be announced soon.

**CATECHISM CLASS FOR ADULTS**

Class will resume on 13th Mar **(THIS THURSDAY)**

**Next Chapters: 153-155**

**Next Topic: Sacrament of Holy Order**

**LEGION OF MARY**

It meets **EVERY MONDAY** at 6:30pm.

**DONATIONS:**

**Cheque donations to:** *thanks for your support*  
FSSP Australia  
PO Box 6241, Mawson, ACT2607

**Bank Account Details:**

For online donations **ONLY**

**First Collection (Apostolate)**

**BSB 062 786 A/c No: 0002007**  
**A/c Name: Priestly Fraternity of St Peter**

**Second Collection (Church)**

**BSB 062 786 A/c No: 00021179**  
**A/c Name: Priestly Fraternity of St Peter**

**Church Building Fund**

**BSB 062 786 A/c No: 00029891**  
**A/c Name: Priestly Fraternity of St Peter (Building fund)**

**SAFEGUARDING OFFICER**

Denise Sheehan: 0401 404 539



**St Michael the Archangel Latin Mass Chaplaincy, Canberra**

Served by **The Priestly Fraternity of St Peter (FSSP)**



**Chaplain:**

Rev. Paul Leung, FSSP  
**Tel: 0405 527 880**

**Assistant Priest:**

Rev. Brendan Boyce  
**Tel: 0414 055 633**

**Website:**

<https://fssp-canberra.org>

**Email:**

[canberra.fssp@gmail.com](mailto:canberra.fssp@gmail.com)



**Postal Address:**

PO Box 6241,  
Mawson, ACT 2607,  
Australia

**Presbytery Address:**

374 Norton Rd,  
Wamboin, NSW 2620.

**Prebystery Tel:**

6161 5320

**Facebook:**

<https://www.facebook.com/FSSP-Canberra-St-Michael-the-Archangel>

**Mass & Confession Schedule**

**Sunday:** **8:00am** (Low Mass)  
**10:00am** (Sung Mass)

**Mon - Thurs:** **7:00am** (Low Mass)

**Friday:** **6:30pm** (Low Mass)  
followed by Adoration of the Blessed Sacrament until 8:15pm

**Saturday:** **9:00am** (Low Mass)

**Venue: Sts. Peter and Paul Church, Garran**  
**2 Boake Pl, Garran, ACT 2605**

**CONFESSION**

30 minutes before all Masses until circa 5 minutes before Mass.  
Also during Masses where two priests are available.

**9th March 2025**  
**First Sunday of Lent**

# CALENDAR

DATE	FEAST	LOCATION / TIME
<b>Mon, 10th Mar</b>	Monday in 1st week of Lent	Garran, <b>9AM</b> (Low)
<b>Tue, 11th Mar</b>	Tuesday in 1st week of Lent	Garran, 7AM (Low)
<b>Wed, 12th Mar</b>	Ember Wednesday in Lent	Garran, 7AM (Low) 6:30PM (Sung)
<b>Thurs, 13th Mar</b>	Thursday in 1st week of Lent	Garran, 7AM (Low)
<b>Fri, 14th Mar</b>	Ember Friday in Lent	Garran, 5:45PM (Stations) followed by 6:30PM Low Mass and Holy Hour until 8:15pm.
<b>Sat, 15th Mar</b>	Ember Saturday in Lent	Garran, 8AM (Rosary); 9AM (Low),
<b>Sun, 16th Mar</b>	Second Sunday of Lent	Garran, 8AM (Low); 9:30AM (Rosary) 10AM (Sung)

## ALL NIGHT ADORATION during LENT

**Date: 22nd March, 2025 (FRI)**

**Time: Begin after Mass  
UNTIL the NEXT DAY**

**Sign-up sheet will be placed at the foyer.**



### THE MOST VALUABLE LENTEN OBSERVANCE



Lent is traditionally a time for self-denial, often through fasting, but the full scope of Lenten observances includes prayer and almsgiving, which are sometimes overlooked. In fact, Our Lord presents these acts in a specific order of importance, emphasizing that the greatest merit comes from acts of love for others, especially through almsgiving. St. Thomas Aquinas further expounds on this order, highlighting that almsgiving, which benefits others, is the most

important, followed by prayer and, lastly, fasting.

The principle behind this hierarchy is love, particularly love for others and the common good. Almsgiving involves works of mercy, which help others toward happiness and perfection. Prayer can benefit both oneself and others, especially when interceding for others, and is also considered a form of mercy. Fasting, on the other hand, is primarily focused on personal mortification, aimed at overcoming one's own passions and imperfections.

Scripture teaches that generosity toward the poor is particularly pleasing to God, even surpassing fasting and prayer when done without almsgiving. Therefore, acts of love toward others—such as helping the poor—are seen as more powerful in cleansing sins than fasting alone. This suggests that even if one struggles with fasting or other penances, engaging in acts of mercy still marks a “successful” Lent.

However, the key to effectiveness in all three acts is love. Fasting, prayer, and almsgiving are all expressions of love, and it is love that ensures their merit. Despite this, almsgiving is the clearest and most direct demonstration of charity.

Thus, while we should continue to fast and pray, we are especially called to serve those in need—whether the poor, the sick, the lonely, or the suffering—offering our time, resources, and compassion. This is a way to live out our faith in the most direct manner. Additionally, we can also remember the souls of the faithful departed in our acts of mercy, praying that they may soon rejoice in God's presence, especially as we approach the celebration of Easter.