

FUNERAL ARRANGEMENT

With great sadness, we share the news of the passing of Maria Henry, who departed this life last Saturday.

Her funeral arrangements are as follows:

Date: Thursday, 10th April 2025
Time: 1:30 PM - Solemn Requiem Mass
Location: St Christopher's Cathedral, followed by the burial at Gungahlin Cemetery.
 Requiescat in pace.

MONTHLY COMMUNITY LUNCH will be held **TODAY** after 10am Mass.

A **SPECIAL COMMUNITY LUNCH** will be held after Easter Sunday 10am Mass.

Please bring a plate to share!

THE NEXT MEN OF ST JOSEPH meeting will take place on **THIS WED, 9th April.**

Schedule:
 5:30 PM - Rosary
 6:00 PM - Holy Mass (**topic: St. Joseph, Terror of Demons**) followed by dinner and group discussion - Topic: **Freemasonry**

CASH & ONLINE DONATIONS

30 Mar - 5 Apr

First Collection: \$ 2593.2
 Second Collection: \$ 1841.05
 Building fund: \$ 1255

THANK YOU FOR YOUR SUPPORT

RELIGIOUS EDUCATION

SATURDAY CLASS

Topic: Gospel of St Matthew
 The Class is currently on break. It will resume on 3rd May, (Sat) at 10:30am.

CATECHISM CLASS FOR ADULTS

Class is currently on break. **It will resume on 8th May. (Thurs).**
Next Chapters: 169-171
Next Topic: Preparation for Marriage

LEGION OF MARY

It meets **EVERY MONDAY** at 6:30pm.

DONATIONS:

Cheque donations to: *thanks for your support*
 FSSP Australia
 PO Box 6241, Mawson, ACT2607

Bank Account Details:
 For online donations **ONLY**

First Collection (Apostolate)
BSB 062 786 A/c No: 0002007
A/c Name: Priestly Fraternity of St Peter

Second Collection (Church)
BSB 062 786 A/c No: 00021179
A/c Name: Priestly Fraternity of St Peter

Church Building Fund
BSB 062 786 A/c No: 00029891
A/c Name: Priestly Fraternity of St Peter (Building fund)

SAFEGUARDING OFFICER

Denise Sheehan: 0401 404 539



St Michael the Archangel Latin Mass Chaplaincy, Canberra

Served by **The Priestly Fraternity of St Peter (FSSP)**



Chaplain:
 Rev. Paul Leung, FSSP
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Assistant Priest:
 Rev. Brendan Boyce
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Presbytery Address:
 374 Norton Rd,
 Wamboin, NSW 2620.

Prebystery Tel:
 6161 5320

Facebook:
<https://www.facebook.com/FSSP-Canberra-St-Michael-the-Archangel>

Mass & Confession Schedule

Sunday: **8:00am** (Low Mass)
10:00am (Sung Mass)
Mon - Thurs: **7:00am** (Low Mass)
Friday: **6:30pm** (Low Mass)
 followed by Adoration of the Blessed Sacrament until 8:15pm
Saturday: **9:00am** (Low Mass)

Venue: Sts. Peter and Paul Church, Garran
2 Boake Pl, Garran, ACT 2605

CONFESSION

30 minutes before all Masses until circa 5 minutes before Mass.
 Also during Masses where two priests are available.

6th April 2025
Passion Sunday

CALENDAR

DATE	FEAST	LOCATION / TIME
Mon, 7th Apr	Monday in Passion week	Garran, 7AM (Low)
Tue, 8th Apr	Tuesday in Passion week	Garran, 7AM (Low)
Wed, 9th Apr	Wednesday in Passion week	Garran, 7AM (Low)
Thurs, 10th Apr	Thursday in Passion week	Garran, 7AM (Low), followed by Adoration until 8:30am.
Fri, 11th Apr	Comm. of the Seven Sorrows of Our Lady	Garran, 5:45PM (Stations) followed by 6:30PM Low Mass and Holy Hour until 8:15pm.
Sat, 12th Apr	Saturday in Passion week	Garran, 8:30AM (Rosary); 9AM (Low),
Sun, 13th Apr	Palm Sunday	Garran, 8AM (Low); 9:30AM (Rosary) 10AM (Sung)

HOLY WEEK SCHEDULE

<u>Maundy Thursday</u>	Solemn Mass	7pm
	Adoration of the Blessed Sacrament until mid-night	
<u>Good Friday</u>	Stations of the Cross	10am
	Confessions will be available after Stations	
	Mass of Presanctified	3pm
	Tenebrae Service	8pm
	(held at St Christopher's Cathedral)	
<u>Easter Vigil</u>	Solemn Mass	9pm
<u>Easter Sunday</u>	Low Mass	8am
	Solemn Mass	10am

During Holy Triduum, confessions will only be heard before and after the ceremony

* * * * * THE SEVEN "FALLS" AND "RISING" OF CHRIST * * * * *



Before the 14 Stations of the Cross became widespread, an earlier form of the devotion developed in medieval Germany. This original practice focused on seven falls of Christ as He carried His Cross to Calvary. While not all falls are recorded in Scripture, they were deeply rooted in tradition and used for meditative reflection on Christ's physical exhaustion and the spiritual weight of humanity's sins.

The devotion gained popularity among lay confraternities and penitents, who would process through streets or churches, pausing at each station to reflect. The seven falls symbolized both the visible and invisible burdens Christ bore out of love for sinners.

Later, seven risings were introduced to balance the devotion. These risings highlighted Christ's divine strength, perseverance, and unwavering love, showing not just how He fell, but how He rose again each time. The structure of "falls and risings" thus became a moving meditation on both sorrow and hope—on human weakness and divine victory.

Though the devotion eventually evolved into the more comprehensive 14 Stations of the Cross, as popularized by the Franciscans, the method of Seven Falls and Seven Risings remains a powerful and spiritually enriching approach, especially during Lent or times of personal struggle.

Each **fall** has a corresponding spiritual meaning. The first fall, after the scourging, symbolizes our fall through original sin. The second and third reflect repeated sins and despair. The fourth shows how our sins hurt our loved ones. The fifth and sixth reveal our ongoing battle with sin, even with help. The seventh fall, just before the Crucifixion, symbolizes ultimate suffering and death.

Each **rising** teaches a lesson in grace and perseverance. Christ's acceptance of the Cross shows surrender to God's will. Pushing forward despite weakness teaches perseverance. Rising after each fall reflects resilience. Rising after meeting His Mother shows the strength of love. Rising with Simon's help teaches humility. His final two risings—continuing near death and being lifted onto the Cross—show unwavering faith and the redemptive power of suffering.

Spiritual benefits of this devotion include:

1. Balance between sorrow and hope,
2. A model for conversion and healing,
3. Encouragement in trials, especially in addiction or despair,
4. Deeper union with Christ, by sharing in both His pain and victory,
5. Renewed devotion to the Cross as a sign of love and redemption.

The devotion can be done privately or in a group, with brief reflections or prayers at each station. Many practice it during Lent, especially on Fridays or Good Friday, or spread it across seven days.