

### **NEW TO THE LATIN MASS? LEARN TO USE THE MISSAL?**

Join us **TODAY** after the 10am Mass for a short session on how to use your hand missal. An experienced parishioner will guide you through it and share tips on how to pray the Mass more fruitfully. Session will start 10 minutes after Mass. Grab a coffee before!

Our Next **MEN OF ST JOSEPH** meeting, will be on 11<sup>th</sup> June (THIS WEDNESDAY).

#### **Schedule**

5:30 - Rosary  
Priest's talk at 6pm,  
(topic: Just and Reverent Man),  
followed by Adoration of the  
Blessed Sacrament, dinner and  
group discussion.

NEW MEMBERS ARE WELCOME

Our **NEXT ALTAR SERVER  
TRAINING SESSION** will be on 28<sup>th</sup>  
June (Sat) at 4pm.  
**NEW SERVERS ARE WELCOME!**

In your charity towards your fellow parishioners at Mass, please take your children out the church if they become noisy and unable to remain seated.

### **CASH & ONLINE DONATIONS 1 June - 7 June**

First Collection: \$ 1777  
Second Collection: \$ 1791  
Building fund: \$ 1168  
**THANK YOU FOR YOUR SUPPORT**

### **RELIGIOUS EDUCATION SATURDAY CLASS**

**Topic: Gospel of St Matthew**  
Fr Boyce is currently away for holiday, Class will resume on 21<sup>st</sup> June (Sat) at 10:30am.

### **ONLINE THURSDAY CLASS**

Fr Leung is planning to start an online class on the topic of Demonology **every Thursday** between 7pm - 8pm.  
Starting date: July 3<sup>rd</sup>.

### **LEGION OF MARY**

It meets **EVERY MONDAY** at 6:30pm.

### **DONATIONS:**

**Cheque donations to:**  
FSSP Australia  
PO Box 6241, Mawson, ACT2607

### **Bank Account Details:**

For online donations **ONLY**

### **First Collection (Apostolate)**

BSB 062 786 A/c No: 0002007  
A/c Name: Priestly Fraternity of St Peter

### **Second Collection (Church)**

BSB 062 786 A/c No: 00021179  
A/c Name: Priestly Fraternity of St Peter

### **Church Building Fund**

BSB 062 786 A/c No: 00029891  
A/c Name: Priestly Fraternity of St Peter (Building fund)

### **SAFEGUARDING OFFICER**

Denise Sheehan: 0401 404 539



## **St Michael the Archangel Latin Mass Chaplaincy, Canberra**

Served by **The Priestly Fraternity of St Peter (FSSP)**

### **Chaplain:**

Rev. Paul Leung, FSSP

**Tel:** 0405 527 880

### **Assistant Priest:**

Rev. Brendan Boyce

**Tel:** 0414 055 633

### **Website:**

<https://fssp-canberra.org>

### **Email:**

[canberra.fssp@gmail.com](mailto:canberra.fssp@gmail.com)



### **Postal Address:**

PO Box 6241,  
Mawson, ACT 2607,  
Australia

### **Presbytery Address:**

374 Norton Rd,  
Wamboin, NSW 2620.

### **Prebystery Tel:**

6161 5320

### **Facebook:**

<https://www.facebook.com/FSSP-Canberra-St-Michael-the-Archangel>

## **Mass & Confession Schedule**

<b>Sunday:</b>	<b>8:00am</b>	(Low Mass)
	<b>10:00am</b>	(Sung Mass)
<b>Mon - Thurs:</b>	<b>7:00am</b>	(Low Mass)
<b>Friday:</b>	<b>6:30pm</b>	(Low Mass)
followed by Adoration of the Blessed Sacrament until 8:15pm		
<b>Saturday:</b>	<b>9:00am</b>	(Low Mass)

**Venue: Sts. Peter and Paul Church, Garran**  
**2 Boake Pl, Garran, ACT 2605**

### **CONFESSION**

30 minutes before all Masses until circa 5 minutes before Mass.  
Also during Masses where two priests are available.

**8th June 2025  
Pentecost Sunday**

# CALENDAR

DATE	FEAST	LOCATION / TIME
Mon, 9 <sup>th</sup> June	Mon in Octave of Pentecost	Garran, <b>9AM</b> (Low)
Tue, 10 <sup>th</sup> June	Tues in Octave of Pentecost	Garran, 7AM (Low),
Wed, 11 <sup>th</sup> June	Ember Wed in Pentecost	Garran, 7AM (Low),
Thurs, 12 <sup>th</sup> June	Thurs in Octave of Pentecost	Garran, 7AM (Low), followed by Exposition until 8:30AM.
Fri, 13 <sup>th</sup> June	Ember Friday in Pentecost	Garran, 6:30PM (Low) followed by Holy Hour until 8:15pm.
Sat, 14 <sup>th</sup> June	Ember Sat in Pentecost	Garran, 8:30AM(Rosary) 9AM (Low)
Sun, 15 <sup>th</sup> June	Trinity Sunday	Garran, 8AM (Low); 9:30AM (Rosary) 10AM (Sung)



## EMBER DAYS OF PENTECOST: A FORGOTTEN TRADITION WITH A EUCCHARISTIC HEART



Ember Days may sound like a strange term. Perhaps, most people thought that something to do with burning coals or fire, but in fact, they are an ancient tradition of the Church. The term “Ember” likely comes from the Latin Quatuor Tempora, meaning “four times,” referring to four sets of days throughout the year dedicated to prayer and fasting. Pentecost Ember Days fall on the Wednesday, Friday, and Saturday after Pentecost Sunday, within the traditional octave of Pentecost, near the start of summer. (In the Northern Hemisphere.)

These days trace their roots back to the Church of Rome, with references dating as far back as Pope Leo the Great in the fifth century. Early Christians adapted the common harvest festivals of their time, sanctifying them by incorporating them into the Church’s liturgical rhythm. The Pentecost Ember Days, in particular, have a strong connection to the Jewish feast of Pentecost, which marked the wheat harvest. For Christians, this was transformed into a time of thanksgiving and offering of first fruits, especially wheat, grapes, and oil, each of which has deep liturgical significance.

Wheat, of course, reminds us of the Eucharist, the Bread of Life. That’s why the Summer Ember Days have a uniquely Eucharistic character. Traditionally, these days were also tied to ordinations, as the Church prayed for new priests, those who would offer this sacred Bread. Today, although Ember Days are no longer universally observed, their spirit still offers much to rediscover, especially in a time when we crave deeper roots and rhythms in our spiritual lives.

The Pentecost Ember Days are also an opportunity to reflect more deeply on the Holy Spirit. As liturgical theologian Pius Parsch reminds us, every feast brings a special revelation and a grace. Easter revealed Christ’s victory over death; Pentecost reveals the active presence of the Holy Ghost in the Church. Through Pentecost’s grace, we’re confirmed in our faith, strengthened in our witness, and made more open to the Spirit’s seven gifts: wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.

Even though these Ember Days are no longer mandatory, they can be meaningfully observed in family life. Whether it is praying for priests, appreciating the early signs of summer’s bounty, or baking bread to reflect the season’s Eucharistic focus, we can bring this ancient rhythm back into our lives in small but powerful ways. In doing so, we connect with the Church’s rich heritage and invite the Holy Spirit to work more deeply within us and through us.

## PATRONAL FEAST COMMUNITY LUNCH FEAST OF SAINTS PETER AND PAUL



**29<sup>TH</sup> JUNE 2025 (SUNDAY)**



**after 10am Mass**



**Sts Peter and Paul School Hall**

Bring a dish to share with others



**QUIZ Bowl Competition!**



Two people per team

Separate rounds for children and adults



**Exciting prizes for the winning teams!**

Sign-up sheet available in the foyer. Don’t miss out!

**Spots are limited, so sign up early!**

