

ANNOUNCEMENTS

The Bulletin is Downloadable from our website at <https://fssp-canberra.org/bulletin/>

**LUNCH WITH THE YOUNG ADULTS**

will be held on 15 March (SUN) at 12:15 pm at the Irish Club. All young adults are warmly invited to join.

The next **MEN OF ST JOSEPH** meeting will be held on 19 March, following the 6:30pm Sung Mass.

Those who have been preparing for the consecration will make their Act of Consecration after Mass, and this will be followed by dinner and time for fellowship. All members are warmly encouraged to attend!

**REMINDER**

We would like to remind everyone to please keep your personal belongings (bags, purses, etc.) with you at all time when on the church property.

**THE GOOD SAMARITAN MINISTRY**

has been established to support parishioners who may be in need of assistance. We offer help to those who are sick, families who have recently welcomed a new baby, and anyone experiencing difficulties or particular pressures.

Practical assistance may include preparing meals, grocery shopping, light cleaning, or other simple household tasks. If you are in need of support, or if you would like to volunteer to help, please contact Fr Leung directly. All assistance provided will be treated with complete discretion and confidentiality.

**CASH & ONLINE DONATIONS**  
22<sup>nd</sup> Feb - 28<sup>th</sup> Feb, 26

First Collection: \$ 2300.8  
Second Collection: \$ 1398  
Building fund: \$ 1973.05  
**THANK YOU FOR YOUR SUPPORT**

**THURSDAY ONLINE CLASS**

**Topic:** Eschatology - Judgment  
Class meets **EVERY THURSDAY** between 7pm - 8:15pm.

If you are interested, please register through our website, just go to the Activities tab and select Thursday class. The login details will be sent directly to the email you register with. If you are trying to join the class and get stuck waiting in the chat room, please give Fr Leung a call. The recording for last week's class has been uploaded on our YouTube channel: FSSP Canberra

**SATURDAY BIBLE CLASS**  
meets **EVERY SATURDAY** between 10:30am - 11:30am.

**DONATIONS:**

**Cheque donations to:**  
FSSP Australia  
PO Box 6241, Mawson, ACT2607



**Bank Account Details:**  
For online donations **ONLY**

**First Collection (Apostolate)**  
BSB 062 786 A/c No: 00020007  
A/c Name: Priestly Fraternity of St Peter

**Second Collection (Church)**  
BSB 062 786 A/c No: 00021179  
A/c Name: Priestly Fraternity of St Peter

**Church Building Fund**  
BSB 062 786 A/c No: 00029891  
A/c Name: Priestly Fraternity of St Peter  
(Building fund)

**LEGION OF MARY** meeting will be held **THIS THURSDAY** at 6:30pm.

The FSSP District of Oceania has a zero tolerance policy towards abuse in any form.

**SAFEGUARDING OFFICER**  
Denise Sheehan: 0401 404 539  
[Latinmass.safeguarding@cg.org.au](mailto:Latinmass.safeguarding@cg.org.au)



**St Michael the Archangel Latin Mass Chaplaincy, Canberra**



Served by **The Priestly Fraternity of St Peter (FSSP)**

**Chaplain:**

Rev. Paul Leung, FSSP  
**Tel:** 0405 527 880

**Assistant Priest:**

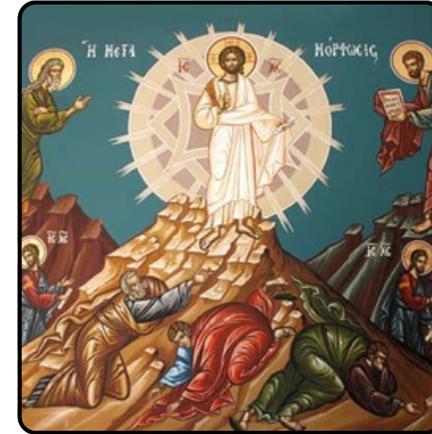
Rev. Brendan Boyce  
**Tel:** 0414 055 633

**Website:**

<https://fssp-canberra.org>

**Email:**

[canberra.fssp@gmail.com](mailto:canberra.fssp@gmail.com)



**Postal Address:**

PO Box 6241,  
Mawson, ACT 2607,  
Australia

**Prebystery Tel:**

6161 5320

**Facebook:**

<https://www.facebook.com/FSSP-Canberra-St-Michael-the-Archangel>

**Mass & Confession Schedule**

<b>Sunday:</b>	<b>8:00am</b>	<b>(Low Mass)</b>
	<b>10:00am</b>	<b>(Sung Mass)</b>
<b>Mon - Thurs:</b>	<b>7:00am</b>	<b>(Low Mass)</b>
<b>Friday:</b>	<b>6:30pm</b>	<b>(Low Mass)</b>
	followed by Adoration of the Blessed Sacrament until 8:15pm	
<b>Saturday:</b>	<b>9:00am</b>	<b>(Low Mass)</b>

**Venue: Sts. Peter and Paul Church, Garran**  
**2 Boake Pl, Garran, ACT 2605**

**CONFESION**

30 minutes before all Masses until circa 5 minutes before Mass.  
Also during Masses where two priests are available.

**1st March 2026**  
**Second Sunday of Lent**

# CALENDAR

DATE	FEAST	LOCATION / TIME
Mon, 2 <sup>nd</sup> Mar	Monday in 2 <sup>nd</sup> Week of Lent	7AM (Low)
Tue, 3 <sup>rd</sup> Mar	Tuesday in 2 <sup>nd</sup> Week of Lent	7AM (Low)
Wed, 4 <sup>th</sup> Mar	Wednesday in 2 <sup>nd</sup> Week of Lent	7AM (Low)
Thurs, 5 <sup>th</sup> Mar	Thursday in 2 <sup>nd</sup> Week of Lent	7AM (Low), followed by Adoration of the Blessed Sacrament until 8:30am
Fri, 6 <sup>th</sup> Mar	Votive Mass of the Sacred Heart (First Friday)	5:45PM (Stations), 6:30PM (Sung), followed by Devotion to S.H. & Holy Hour until 8:30pm
Sat, 7 <sup>th</sup> Mar	Saturday in 2 <sup>nd</sup> Week of Lent	8:30AM (Rosary), 9AM (Low)
Sun, 8 <sup>th</sup> Mar	Third Sunday of Lent	8AM (Low); 9:30AM (Rosary) 10AM (Sung)

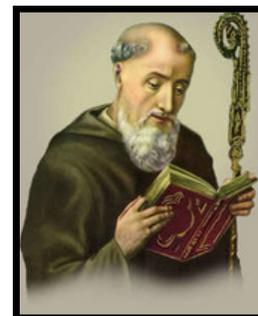
**The Next COMMUNITY LUNCH**

**Date: 1<sup>st</sup> Mar 2026 (TODAY)**

**Time: After 10am Mass**

**Bring a plate to share with the community!**

## LECTIO DIVINA Divine reading



Lectio Divina, which literally means “divine reading,” is an ancient Christian way of praying with Scripture so that God’s Word moves from the page into the heart. It is not Bible study in the academic sense, nor is it simply reading for information. Rather, it is a slow, prayerful immersion in the Word of God, allowing the Holy Spirit to speak personally through the sacred text.

The roots of Lectio Divina reach back to Jewish tradition, especially the reading of the Haggadah during Passover. Haggadah means “telling,” and it

refers not only to a written text but to the practice of retelling and reliving the Exodus story. The past becomes present; the listener enters the story. Christians adopted a similar approach to Scripture. In the early Church, saints such as St. Gregory of Nyssa and later St. Benedict of Nursia encouraged this sacred reading as a daily discipline. For Benedictines in particular, it became a foundation of monastic life.

Traditionally, Lectio Divina unfolds in **four** movements: Lectio (read), Meditatio (reflect), Oratio (respond), and Contemplatio (rest). These are not rigid steps but gentle movements, like points on a circle, through which the Holy Spirit leads the soul.

It begins with **preparation**. One sets aside about twenty to thirty minutes in a quiet place. A simple gesture, such as lighting a candle, can help recollect the mind. A brief prayer invites God to speak: “Lord, let me hear Your voice.” A few moments of silence prepare the heart to listen.

In **Lectio**, the passage is read slowly and attentively. The goal is not to analyze but to notice. A word or phrase may stand out, perhaps an image, a promise, or a command. One does not force meaning but waits patiently. Scripture is allowed to echo.

In **Meditatio**, the text is read again. This time the focus rests on the word or phrase that drew attention. What is God saying here? How does this touch my life? The reflection remains prayerful rather than intellectual; it is listening more than dissecting.

In **Oratio**, the soul responds. Having heard God’s Word, one now speaks to Him, perhaps in praise, thanksgiving, repentance, or petition. Journaling can help preserve insights that might otherwise be forgotten. The Word becomes conversation.

Finally comes **Contemplatio**. After reading and responding, one rests silently in God’s presence. There are no more words, only quiet openness. If the mind wanders, it is gently brought back. This is not effort but surrender.

Lectio Divina is not another task to complete. It is a way of allowing Scripture to shape us personally. Guided by the Holy Spirit, it deepens our relationship with God and transforms reading into encounter.